

OVEREATERS ANONYMOUS
Seacoast Intergroup Meeting List

Spring 2014

All meetings are "open."
24-hour Answering Service
603-418-4398

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issue. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

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NEW Seacoast Intergroup website:
<http://seacoastoa.wordpress.com/>

New Hampshire Intergroup website:
www.oanewhampshire.org/

Southern Maine Intergroup website:
www.oamaine.org

North Shore Intergroup website:
oanorthshoreintergroup.org

Region 6 website:
www.oaregion6.org

World Service Office website:
www.overeatersanonymous.org

SUNDAY

Portsmouth, NH 10:00-11:00 AM
Focus: Big Book/Discussion
Portsmouth Regional Hospital
Classrooms, enter thru main entrance
Contacts: Ron 207/604.2526
Vicki 207/363.2533

Kennebunkport, ME 6:00-7:00 PM
Focus: Discussion
Village Baptist Church, 6 Maine St.
Contact: Janey 207/468.3095

MONDAY

Dover, NH 5:00-6:00 PM
Focus: 12 + 12
Wentworth-Douglass Hospital
Dionne Room, Garrison Wing (ask at Front Desk)
Contact: Mary Lou 603/332.8766

York, ME 7:00-8:30 PM
Focus: Big Book Step Study [BBSS]
York Hospital Medical Office Bldg.
16 Hospital Drive, downstairs conf room
Contact: Shirley 207/363.3917
Listen to speakers (podcast):
<http://oabbss.wordpress.com/>

TUESDAY

Durham, NH 7:00-8:00 PM
Focus: Discussion
St George's Church, 1 Park Street
Contacts: Kathy 603/689.8215
Sue 603/679.1144

WEDNESDAY

Portsmouth, NH 12:00-1:00 PM
Focus: Topic/Discussion
Karnan House, Court Street
(directly behind South Church)
Contact: Vicki 207/363.2533

South Berwick, ME 7:00-8:00 PM
Focus: Discussion/Literature
Speaker 2d Wed. of the month
First Parish Federated Church
150 Main Street
Academy St. door, 1st floor library
Contacts: Susan 207/748.0914
Denise 603/973.6203

SEASONAL MTG: April-November
Kennebunkport, ME 7:00-8:00 PM
Focus: Literature
First Congregational Church
141 North Street
Contacts: Gerry 207/646.7504

THURSDAY

NEW MEETING!
Portsmouth, NH 6:00-7:00 PM
Focus: Abstinence & Recovery (speaker)
North Church Parish Hall
355 Spinney Road (cnr of Spinney/Middle Rds/Rte33)
Contacts: Leslie: 603/430-8621
Barbara B.: 603/770-5994

Portsmouth, NH 7:00-8:00 PM
MEN'S MEETING
Focus: Discussion
North Church Parish Hall
Contact: Eric 207/361.7032

Rochester, NH 7:15-8:15 PM
Focus: Topic/Discussion/Step
First Congregational Church
63 South Main Street
Use handicap ramp entrance to access room
Contacts: Steve 207/439.3579
Pat 603/664.7622

FRIDAY

York, ME 10:00-11:15 AM
Focus: Literature/Discussion
First Parish Church
Parish House, York Street
Contact: Tammy 207/676.9347
Judy 603/332.8817

SATURDAY

York, ME 8:00-8:50 AM
Focus: Recovery
York Hospital, 15 Hospital Drive
Meeting in Ellis Conference Room
Contact: Nancy 978/462.9704
Gerrie 207/646.7504

Rochester, NH 9:00-10:15 AM
Focus: Discussion/Speaker/Literature
Grace Community Church
159 Rochester Hill Road
Contact: Debra 603/833.1909

York, ME 9:00-10:15 AM
Focus: Speaker/Discussion
York Hospital
Ellis Conference Room
Contact: Shirley 207/363.3917

During holidays and inclement weather please call ahead to confirm a meeting will take place.

Seacoast Intergroup meets on the second Saturday of every month from 10:30 to 11:30 AM at the York Hospital Ellis Conference room. All are invited to attend.

Give meeting changes to group reps or Intergroup members