



# Steps 10, 11 & 12 Workshop:

*How do Perseverance, Spiritual Awareness & Service help us maintain our recovery?*

**Sponsored By: Overeaters Anonymous Seacoast Intergroup**

*Featuring a guest speaker who will focus on Steps 10 – 12*

**Sunday, November 15, 2015**

**1:00 to 4:00 pm**

**Portsmouth Community Campus**

**100 Campus Drive (off Route 1), Portsmouth, NH 03801**

*Please bring an OA 12 & 12 Book (optional) and pens and paper for writing.*

This is a  
**FREE**  
workshop

**To register or for more information,  
please visit:**

**[www.SeacoastOA.wordpress.com](http://www.SeacoastOA.wordpress.com)**

**Or call our 24-hour phone number at:**

**603.418.4398**

**Registration  
Required**

**Directions to Portsmouth Community Campus:**

- From I-95, take Exit 5 for the Portsmouth Traffic Circle
- Exit the circle for Route 1 South and travel 2.7 miles
- Turn right onto West Road (across from Corpus Christi Parish Church)  
and follow as it becomes Campus Drive
- Community Campus will be on your left, please use the front entrance.