

# **WELCOME BACK!**

## **COMING BACK TO OA: A NEW BEGINNING**

*Seacoast Intergroup is sponsoring a workshop*

***Saturday, November 4, 2017***

***9 to 11 am***

*At the York Hospital—Warner Building  
In conference room 1 on the basement floor*

Please look through your We Care phone lists from your OA meetings and call and invite someone that you haven't see lately at meetings.

The workshop will have a panel of speakers who will share their experience, strength, and hope about coming back from relapse.

All are welcome. There are no dues or fees.

### ***Not sure what to say? Here are some suggestions:***

1) Hello, is this \_\_\_\_\_? This is \_\_\_\_\_ from the \_\_\_\_\_ OA meeting. I've missed seeing you at the meeting and I wanted to let you know of a workshop that OA is having on November 4<sup>th</sup> (if receptive, give the details).

2) Hello, is this \_\_\_\_\_? This is \_\_\_\_\_ from the \_\_\_\_\_ OA meeting. I haven't seen you in a while and I wanted to let you know that there is an OA Welcome Back workshop on November 4 . (Give details)

### ***IMPORTANT:***

***Please remember OA's tradition of anonymity when leaving a message.***

Just leave your name and phone number and ask the person to call you back or just call back at another time.

**REMEMBER:** It is worth the risk, as many of us have come back to OA with just such a message of someone calling and caring.